

Agreement to Participate in Eden Sports Programs

Every sport has certain inherent risks, and regardless of precautions taken, it is impossible to ensure the safety of the participant. Listed below is the specific information for each sport that Eden is offering. It is imperative that you check the sport for which you agree to participate and return both forms to the athletic office.

Soccer Volleyball Golf Basketball Track & Field Flag Football (4th-6th)

SOCCER requires a high level of fitness and stamina. It involves quick bursts of speed, long periods of running, and physical contact with a ball and other participants. It is a reasonably safe sport as long as certain guidelines are followed.

Some hazards are the possibility of colliding with another player or goal posts, being struck by the ball or poor weather conditions. A variety of injuries may occur, including strains, sprains, fractures, contusions, abrasions, and dehydration. Serious and disabling injuries and even death may result from participation in soccer. It is not possible to list each specific risk.

To help reduce the chance of injury to yourself and other participants, the following safety rules need to be followed during practices and games. Participants will (1) wear proper shoes, mouthpieces, athletic supports and braces/protective shin pads, (2) obey the rules of the sport, and (3) report all defects in and around the playing field.

VOLLEYBALL requires a high level of fitness and stamina. It involves quick bursts of speed, diving for balls, and physical contact with other participants. It is a reasonably safe sport as long as certain guidelines are followed.

Some hazards are the possibility of colliding with another player, falling onto a hard floor, running into perimeter walls, or being struck by the ball. A variety of injuries may occur, including strains, sprains, fractures, contusions, abrasions, and dehydration. Serious and disabling injuries and even death may result from participation in volleyball. It is not possible to list each specific risk.

To help reduce the chance of injury to yourself and other participants, the following safety rules need to be followed during practices and games. Participants will (1) wear proper shoes, mouthpieces, athletic supports and braces/protective pads, (2) obey the rules of the sport, and (3) report all defects in and around the playing area.

GOLF requires a moderate level of fitness. Participants will be required to carry their bags (no pull carts) and must be able to walk for eighteen holes of golf. It is a reasonably safe sport as long as certain guidelines are followed.

Some hazards are the possibility of being struck by a ball, club, or poor weather conditions. A variety of injuries may occur, including strains, sprains, fractures, contusions, abrasions, and dehydration. Serious and disabling injuries and even death may result from participation in golf. It is not possible to list each specific risk.

To help reduce the chance of injury to yourself and other participants, the following safety rules need to be followed during practices and matches. Participants will (1) wear proper shoes and other course-required attire, (2) obey the rules of the sport and the golf course, (3) demonstrate proper golf etiquette and (4) refrain from purposeful damage of the golf course.

BASKETBALL requires a high level of fitness and stamina. It involves quick bursts of speed, long periods of running, and physical contact with other participants. It is a reasonably safe sport as long as certain guidelines are followed.

Some hazards are the possibility of colliding with another player, falling onto a hard floor, running into perimeter walls, or being struck by the ball. A variety of injuries may occur, including strains, sprains, fractures, contusions, abrasions, and dehydration. Serious and disabling injuries and even death may result from participation in basketball. It is not possible to list each specific risk.

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